

**REFERENCES,
FURTHER READING
AND ACKNOWLEDGEMENTS**

REFERENCES



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The following contributors provided specific editorial content for the manual:

Istvan Bayli, Advanced Training & Performance Limited – particularly in the sections on characteristics and motivations, and conditioning youth footballers.

Brian Douge – contributed to sections on characteristics and motivations, effective coaching, coaching youth footballers, communication for youth coaches, teaching and improving skills, and planning.

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Australian Drug Foundation website <http://www.adf.org.au> and <http://www.adf.org.au/cyds/index.html>

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APPENDIX



APPENDIX

THE AFL NATIONAL COACHING ACCREDITATION SCHEME

The AFL is a participant in the Australian Sports Commission's National Coaching Accreditation Scheme (NCAS).

AFL coaching courses provide participants with quality training and resources that will assist them to effectively fulfil the important role of a coach. Courses are largely practical with an emphasis on planning, organisation of training sessions, appropriate methods of teaching and correcting techniques, developing skills and preparing players for safe participation in the game.

Mandatory Accreditation

In line with AFL policy, accreditation is now mandatory for coaches in all affiliated leagues throughout Australia. Participating coaches MUST complete an AFL approved coaching accreditation course. On completion of an AFL coaching course, coaches will be recognised through registration on the AFL national coaching database and automatically become a member of the Australian Football Coaches Association (AFCA) for the first year.

The AFL Coaching Accreditation Courses:

The AFL, through its Game Development Department, develops, implements and conducts training programs for the development of coaches.

At all levels of football from AFL Auskick to senior, coaches have a significant influence on players' enjoyment and participation. Coaches are the primary reason why players either continue to participate or leave football. Therefore, it is crucial that coaches are accredited at an appropriate level and the AFL has developed different courses for coaches according to the playing group they are working with – AFL Auskick (under 12s), Youth (13-18) and Senior (open age). Brief descriptions of the available courses follow.

AFL COACHING ACCREDITATION COURSES

Level 1 AFL Auskick Course

The coaching of children at AFL Auskick centres is the most important aspect of the program, in developing the basic skills that will determine their future participation in the sport.

The AFL Auskick course is the minimum accreditation required for coaching children 5-12 years of age.

Level 1 Youth Course

The AFL Youth Course is suitable for coaching participants aged 13-18 years of age.

Level 1 Senior Course

The AFL Senior Course is suitable for coaching participants aged over 18 years.

Requirements: A minimum of 16 years of age.

Course duration: 14 hours.

Assessment: Participants are assessed practically either during the course or on the job.

Accreditation: Successful participants receive an AFL Level 1 (Auskick, Youth or Senior) Coaching Certificate, an AFL Coach ID card and are entered onto the national coaching database.

Level 2 Youth/Senior Course

The AFL Level 2 courses caters for those who wish to coach at a higher level or who have an aptitude or genuine interest in improving their coaching skills.



Level 2 AFL Auskick Leader

This course caters for those who wish to take up the role of an AFL Auskick Centre co-ordinator or club coaching co-ordinator.

Requirements: Hold a current AFL Level 1 Coaching Accreditation.

Course duration: 30 hours.

Assessment: Participants are assessed practically either on the job or in a match environment.

Accreditation: Successful participants receive an AFL Level 2 Coaching Certificate, an AFL Coach ID card and their new accreditation is entered onto the national coaching database.

AFL High Performance Coaching Course (Level 3)

This course is designed for Level 2 coaches involved in or aspiring to coach in the AFL, state leagues, TAC Cup, AIS/AFL Academy or other elite programs. Coaches must apply to be invited to participate in the weeklong live-in program.

This is the highest accreditation offered by the AFL and covers in greater depth some of the competencies developed in Level 2, while also covering up-to-date issues such as emerging technology, media relations and coaches as program managers and mentors.

RE-ACCREDITATION

An AFL coach accreditation is valid for four years from the date that the accreditation was granted – usually December 31 in the year of completing the course.

Level 1

Application to re-accredit should be made direct to the coaches' local Regional Development Manager or State Coaching Manager.

To maintain accreditation, coaches must demonstrate that they:

- Continued to coach during the four years.
- Were a registered member of their Australian Football Coaches Association (AFCA) branch throughout the four years.
- Are prepared to sign the AFL Coaches' Code of Conduct when seeking re-accreditation.
- Are prepared to submit to any screening procedures required at the time of re-accreditation.
- May have continued to undertake further education, formal or informal, to enhance their coaching abilities.

Levels 2 and 3

Application to re-accredit at Level 2 or 3 must be made direct to the State Director of Coaching or to the AFL National Coaching Development Manager.

To maintain Level 2 or 3 accreditation, coaches must demonstrate the same requirements as above and provide evidence of further coach development undertaken. In the form of:

- Courses undertaken, whether football specific or generic.
- Presentations made (e.g.: as part of a Level 1 or Level 2 coaching course).
- Articles written or submitted on coaching topics.
- Working with a mentor coach throughout the four-year period.
- Mentoring of other coaches.
- Any other evidence of coach development/improvement.

Note: Re-accreditation is not automatic.

AFL COACHES' CODE OF CONDUCT

The AFL Coaches' Code of Conduct is to be signed and conformed to as part of the accreditation requirements of the AFL. The AFL Coaches' Code of Conduct provides a process through which leagues, clubs and schools can expect that basic standards of behaviour by the coach are maintained at all times. Coaches should be aware that, in addition to this code, they may be obliged to sign a further Code of Conduct/Ethics with their club and/or league.

Coaches must also submit to police screening to ensure that the quality and integrity of the program and the well-being of players is assured.

AUSTRALIAN FOOTBALL COACHES ASSOCIATION (AFCA)

The AFCA is operational in all states and territories of Australia, managed by the state coaching managers in each state. Coaching Update, the association's coaching journal, is published by the Victorian branch three times per year to disseminate the latest information about coaching science and practice.

The state and regional AFCA branches perform the following services for their members:

- Annual Coach of the Year Awards and recognition.
- Local coaching newsletters.
- Regional workshops and seminars conducted.
- Distribution of the Coaching Update.
- Resourcing and maintaining coaches resource centres for coaches use.

For more information about the AFL coaching courses and resources, please log onto the AFL web site at www.afl.com.au and click on About the AFL on the home page and then the Coaches Box.

Further Information

For more information about courses, resources, updating accreditation and the AFCA, contact your local state coaching manager.





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