| Rule | Under 8 Mixed | Under 9 Girls | Under 9 Mixed | Under 10 Girls | Under 10 Mixed | Under 11 Girls | Under 11 Mixed | Under 12 Girls | Under 12 Mixed | Under 13 Girls | Under 13 Mixed | Under 14 Girls | Under 14 Mixed | Under 15 Girls | Under 15 Boys | Under 16 Girls | Under 16 Boys | Youth Girls | $\begin{aligned} & \hline \text { Youth } \\ & \text { Boys } \\ & \hline \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Phase | Introductory | Development | Development | Transition to Competition | Transition to Competition | Competition | Competition | Competition | Competition | Competition | Competition | Competition | Competition | Competition | Competition | Competition | Competition | Competition | Competition |
| Ground Size | $80 \mathrm{~m} \times 60 \mathrm{~m}$ | $100 \mathrm{~m} \times 80 \mathrm{~m}$ | $100 \mathrm{~m} \times 80 \mathrm{~m}$ | Up to Full Size | Up to Full Size | Full Size | Full Size | Full Size | Full Size | Full Size | Full Size | Full Size | Full Size | Full Size | Full Size | Full Size | Full Size | Full Size | Full Size |
| Max Player |  |  |  |  |  | $24^{*}$ | 24* | 24* | 24* | 24* | 24* | 24* | 24* | 24* | 24* | 24* | $24^{*}$ | 24* | 24* |
| Players on Field | 12 | 15 | 15 | 16 | 18 | 16 | 18 | 16 | 18 | 16 | 18 | 16 | 18 | 16 | 18 | 16 | 18 | 16 | 18 |
| Players on Bench | 4 | 5 | 5 | 6 | 6 | 8 | 6 | 8 | 6 | 8 | 6 | 8 | 6 | 8 | 6 | 8 | 6 | 8 | 6 |
| Officials in Coaching Area | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 |
| Use of Zones | $\begin{array}{\|c\|} \hline 3 \text { equal zones } \\ 4 \text { players per } \\ \text { zone } \end{array}$ | $\begin{gathered} 3 \text { equal zones } \\ 5 \text { players per } \\ \text { zone } \end{gathered}$ | $\begin{gathered} 3 \text { equal zones } \\ 5 \text { players per } \\ \text { zone } \end{gathered}$ | $\begin{gathered} 3 \text { equal zones } \\ \text { with } 5-6-5 \end{gathered}$ | No Zones | No Zones | No Zones | No Zones | No Zones | No Zones | No Zones | No Zones | No Zones | No Zones | No Zones | No Zones | No Zones | No Zones | No Zones |
| Evening Up | Loan <br> players from opposition | Loan players from opposition | Loan <br> players from opposition | Loan players from opposition | Loan players from opposition | Loan <br> players from opposition | Loan <br> players from opposition | Loan <br> players from opposition | Loan <br> players from opposition | Player <br> numbers to <br> be reduced so <br> botht teams <br> field same <br> number | Player <br> numbers to <br> be reduced so <br> both teams <br> field same <br> number | Player <br> numbers to be <br> reduced so <br> both teams <br> field same <br> number | Player <br> numbers to be <br> reduced so <br> both teams <br> field same <br> number | Player numbers to be reduced so both teams field same number | Player <br> numbers to be <br> reduced so <br> both teams <br> field same <br> number | Player <br> numbers to be <br> reducedso <br> both teams <br> field same <br> number | Player <br> numbers to be <br> reduced so <br> botht teams <br> field same <br> number | Player <br> numbers to be <br> reduces so <br> both teams <br> field same <br> number | Player <br> numbers to <br> be eeduced <br> so both teams <br> field <br> same number |
| Ball | $\begin{gathered} \hline \text { Size } 2 \\ \text { Synthetic } \\ \hline \end{gathered}$ | $\begin{gathered} \hline \text { Size } 2 \\ \text { Synthetic } \\ \hline \end{gathered}$ | $\begin{gathered} \text { Size } 2 \\ \text { Synthetic } \\ \hline \end{gathered}$ | $\begin{gathered} \hline \text { Size } 2 \\ \text { Synthetic } \\ \hline \end{gathered}$ | $\begin{gathered} \text { Size } 2 \\ \text { Synthetic } \\ \hline \end{gathered}$ | $\begin{gathered} \hline \text { Size } 3 \\ \text { Synthetic } \\ \hline \end{gathered}$ | $\begin{gathered} \hline \text { Size } 3 \\ \text { Synthetic } \\ \hline \end{gathered}$ | $\begin{gathered} \hline \text { Size } 3 \\ \text { Synthetic } \\ \hline \end{gathered}$ | $\begin{gathered} \hline \text { Size } 3 \\ \text { Synthetic } \\ \hline \end{gathered}$ | $\begin{gathered} \hline \text { Size } 3 \\ \text { Synthetic } \end{gathered}$ | $\begin{gathered} \hline \text { Size } 4 \\ \text { Leather } \end{gathered}$ | $\begin{gathered} \hline \text { Size } 4 \\ \text { Synthetic } \\ \hline \end{gathered}$ | $\begin{gathered} \hline \text { Size } 4 \\ \text { Leather } \end{gathered}$ | $\begin{gathered} \hline \text { Size } 4 \\ \text { Leather } \end{gathered}$ | $\begin{gathered} \hline \text { Size } 5 \\ \text { Full Size } \\ \hline \end{gathered}$ | $\begin{gathered} \hline \text { Size } 4 \\ \text { Leather } \end{gathered}$ | $\begin{gathered} \hline \text { Size } 5 \\ \text { Full Size } \\ \hline \end{gathered}$ | $\begin{gathered} \hline \text { Size } 4 \\ \text { Leather } \\ \hline \end{gathered}$ | $\begin{gathered} \hline \text { Size } 5 \\ \text { Full Size } \\ \hline \end{gathered}$ |
| Quarter Duration | 10 minutes | 12 minutes | 12 minutes | 12 minutes | 15 minutes | 15 minutes | 15 minutes | 15 minutes | 15 minutes | 15 minutes | 15 minutes | 15 minutes | 17.5 minutes | 17.5 minutes | 20 minutes | 17.5 minutes | 20 minutes | 17.5 minutes | 20 minutes |
| $\begin{gathered} \hline \text { Break } \\ \text { Duration } \\ \hline \end{gathered}$ | 5-5-5 | 5-5-5 | 5-5-5 | 5-5-5 | 5-5-5 | 5-10-7 | 5-10-7 | 5-10-7 | 5-10-7 | 5-10-7 | 5-10-7 | 5-10-7 | 5-10-7 | 5-10-7 | 5-10-7 | 5-10-7 | 5-10-7 | 5-10-7 | 5-10-7 |
| Scoring/ Results/ Ladders | No | No | No | Scores allowed but not published, no ladders | Scores allowed but not published no ladders | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes |
| Finals | No | No | No | No | No | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes |
| Umpires | $\begin{array}{\|c} 1 \text { field, } 2 \text { goal } \\ \text { (Club } \\ \text { Umpires) } \end{array}$ | 1 field, 2 goal (Club Umpires) | 1 field, 2 goal (Club Umpires) | 1 field, 2 boundary, 2 goal (Club Umpires) | 1 field, 2 boundary, 2 goal (Club Umpires) | Field League Supplied Goal and Boundary (Club Umpires) | Field League <br> Supplied <br> Goal and <br> Boundary <br> (Club <br> Umpires) | Field League Supplied Goal and Boundary (Club Umpires) | $\begin{array}{\|c\|} \hline \text { Field League } \\ \text { Supplied } \\ \text { Goal and } \\ \text { Boundary } \\ \text { (Club Umpires) } \end{array}$ | Field League Supplied Goal and Boundary (Club Umpires) | Field League <br> Supplied <br> Goal and <br> Boundary <br> (Club <br> Umpires) | Field League Supplied Goal and Boundary (Club Umpires) | $\begin{array}{\|c\|} \hline \text { Field League } \\ \text { Supplied } \\ \text { Goal and } \\ \text { Boundary } \\ \text { (Club Umpires) } \end{array}$ | Field League Supplied Goal and Boundary (Club Umpires) | Field League Supplied Goal and Boundary (Club Umpires) | Field League Supplied Goal and Boundary (Club Umpires) | Field League Supplied Goal and Boundary (Club Umpires) | Field League Supplied Goal and Boundary (Club Umpires) | Field League <br> Supplied <br> Goal and <br> Boundary <br> (Club <br> Umpires) |
| Tackling | $\begin{gathered} \hline \text { Modified } \\ \text { Tackle } \\ \hline \end{gathered}$ | Modified <br> Tackle | Modified Tackle | $\begin{gathered} \hline \text { Modified } \\ \text { Tackle } \\ \hline \end{gathered}$ | Full Tackle | Full Tackle | Full Tackle | Full Tackle | Full Tackle | Full Tackle | Full Tackle | Full Tackle | Full Tackle | Full Tackle | Full Tackle | Full Tackle | Full Tackle | Full Tackle | Full Tackle |
| Barging/ Stealing | No | No | No | No | Permitted | Permitted | Permitted | Permitted | Permitted | Permitted | Permitted | Permitted | Permitted | Permitted | Permitted | Permitted | Permitted | Permitted | Permitted |
| Yellow Card | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes |
| Red Card | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes |
| Shepherding | No | No | No | No | No | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes |
| Bouncing | 1 bounce | 1 bounce | 1 bounce | 2 bounces | 2 bounces | Allowed | Allowed | Allowed | Allowed | Allowed | Allowed | Allowed | Allowed | Allowed | Allowed | Allowed | Allowed | Allowed | Allowed |
| Deliberate kick off the ground |  | Not permitted |  |  |  | Permitted | Permitted | Permitted | Permitted | Permitted | Permitted | Permitted | Permitted | Permitted | Permitted | Permitted | Permitted | Permitted | Permitted |
| Marking | Any distance | Any distance | Any distance | $\begin{gathered} \text { No less } \\ \text { than } 10 \mathrm{~m} \end{gathered}$ | $\begin{aligned} & \text { No less } \\ & \text { than } 10 \mathrm{~m} \end{aligned}$ | $\begin{gathered} \text { No less } \\ \text { than } 15 \mathrm{~m} \end{gathered}$ | $\begin{aligned} & \text { No less } \\ & \text { than } 15 \mathrm{~m} \end{aligned}$ | No less than 15 m | $\begin{gathered} \text { No less } \\ \text { than } 15 \mathrm{~m} \end{gathered}$ | $\begin{gathered} \hline \text { No less } \\ \text { than } 15 \mathrm{~m} \end{gathered}$ | $\begin{gathered} \hline \text { No less } \\ \text { than } 15 \mathrm{~m} \end{gathered}$ | $\begin{gathered} \hline \text { No less } \\ \text { than } 15 \mathrm{~m} \end{gathered}$ | $\begin{gathered} \hline \text { No less } \\ \text { than } 15 \mathrm{~m} \end{gathered}$ | $\begin{gathered} \hline \text { No less } \\ \text { than } 15 \mathrm{~m} \end{gathered}$ | $\begin{gathered} \hline \text { No less } \\ \text { than } 15 \mathrm{~m} \end{gathered}$ | $\begin{gathered} \begin{array}{c} \text { No less } \\ \text { than } 15 \mathrm{~m} \end{array} \\ \hline \end{gathered}$ | $\begin{gathered} \begin{array}{c} \text { No less } \\ \text { than } 15 \mathrm{~m} \end{array} \\ \hline \end{gathered}$ | $\begin{gathered} \hline \text { No less } \\ \text { than } 15 \mathrm{~m} \end{gathered}$ | $\begin{gathered} \hline \text { No less } \\ \text { than } 15 \mathrm{~m} \end{gathered}$ |
| Penalty Distance | No distance | 10 m | 10 m | 25m | 25 m | 25m | 25 m | 25m | 25 m | 25m | 25m | 25m | 25m | 25m | 25m | 25m | 25m | 25 m | 25m |
| hes can be 30 pl |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

